

# PROMOTING RESPONSIBILITY WITHOUT STRESS

TEXAS CHARTER SCHOOL ASSOCIATION CONFERENCE  
DECEMBER 11, 2014

Presented by Denise Rives  
Texas Leadership Charter Academy, Midland

## SESSION DESCRIPTION

Based on the work of Dr. Marvin Marshall's book *Discipline Without Stress Punishments or Rewards: How Teachers and Parents Promote Responsibility and Learning*, this session focuses on promoting responsibility rather than on obedience, which often results in resistance, resentment, and even rebellion.

In our first year in 2013-2014 as a new campus, Texas Leadership Midland established a learning community and positive learning environment that promotes character development through an empowering approach. Come along and learn about a less stressful approach to fostering discipline and responsibility in your school/campus.



# TEXAS ***LEADERSHIP*** CHARTER ACADEMY IS NOT JUST OUR NAME

“Leadership is communicating a person’s worth  
and potential so clearly that  
they are inspired  
to see it in themselves.”

--- Dr. Stephen Covey



# 7 HABITS / THE LEADER IN ME

Are you familiar with the  
7 Habits of Highly Effective People?

With a partner, name as many of the 7 Habits as  
you can in 45 seconds.

GO!



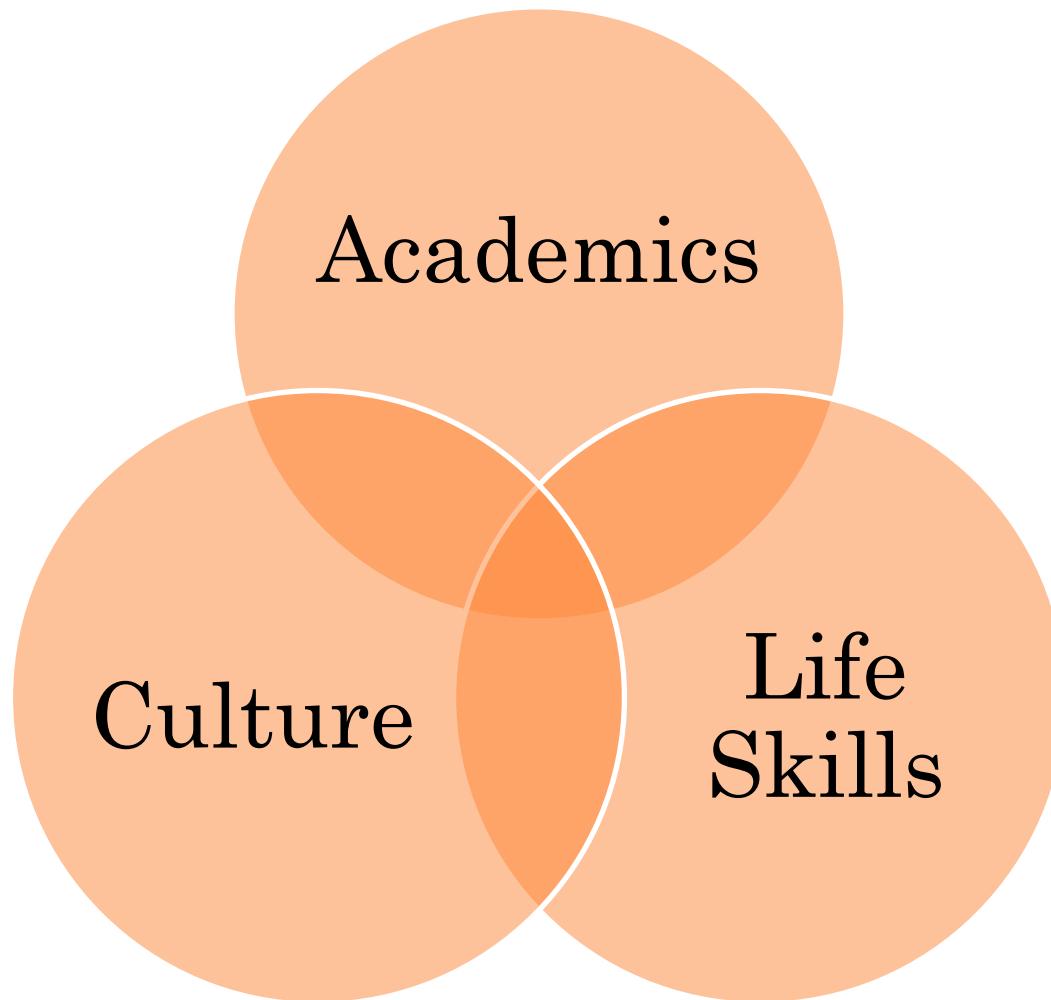
# OUR VISION FOR EVERY STUDENT

To be a.....

- Leader of Self
- Leader of Others



# EDUCATION IN TODAY'S WORLD



# TEXAS LEADERSHIP CHARTER ACADEMY....



- Began when a private school in San Angelo was converted to a charter over 6 years ago with K-12
- Midland was the first replication with a K-4 campus last year, now K-6
- Opened in Arlington this year K-6
- Will open in Abilene 2015-2016

From the beginning, TLCA has been about building and creating a leadership culture.



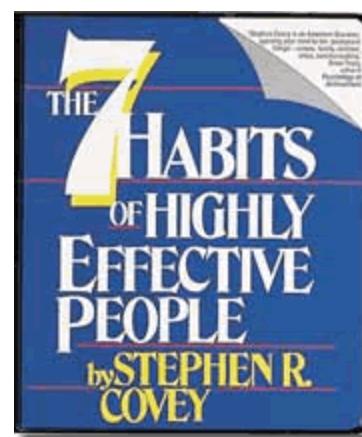
# 7 HABITS OF HIGHLY EFFECTIVE PEOPLE

- First 3 Habits –

- Be Proactive
- Begin With The End in Mind
- Put First Things First



Private Victory

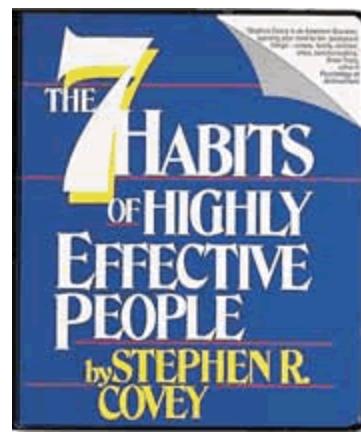


# 7 HABITS OF HIGHLY EFFECTIVE PEOPLE

- Next 3 Habits:

- Think Win-Win
- Seek 1<sup>st</sup> to Understand, THEN to be Understood
- Synergize

} Public Victory



# 7 HABITS OF HIGHLY EFFECTIVE PEOPLE

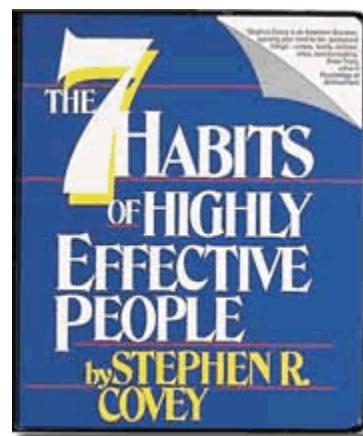
- Habit 7 – Sharpen The Saw



The Habit of Renewal

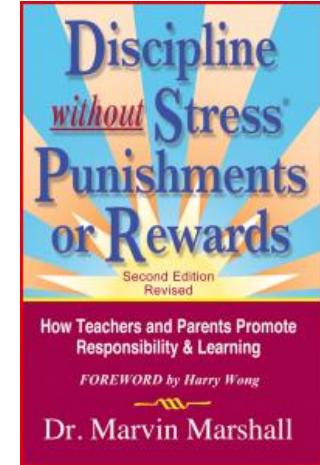
Staying fit in 4 Critical Areas:

1. Physical
2. Social-Emotional
3. Mental
4. Spiritual



# DISCIPLINE WITHOUT STRESS

## Raise Responsibility System



- Focuses on promoting responsibility rather than obedience
- Non-coercive
- Separates the person from the person's behavior
- Teaches hierarchy of social development
- Students gain an understanding between *internal* and *external* motivation



“Life is a conversation. Interestingly the most influential person we talk with all day is ourself, and what we tell ourself has a direct bearing on our behavior, our performance, and our influence on others. In fact, a good case can be made that our self-talk creates our reality.”

----Dr. Marvin Marshall



# STRESS



Stress is related to perceiving the world as manageable or unmanageable.



# PRINCIPLES IN RAISE RESPONSIBILITY SYSTEM

- Positivity
- Choice
- Reflection



# THE POWER OF POSITIVITY

- Positive messages:
  - Elevate
  - Encourage, and
  - Foster growth.



# IMPOSED CONSEQUENCES VS. PROACTIVE CONTINGENCIES

- Imposed consequences rely on external motivation.
- Contingencies rely on internal motivation
- When using a consequence, the responsibility is on the adult.
- When using a contingency, the responsibility is on the youngster.



## WHEN CONSEQUENCES ARE NECESSARY....

- Rather than IMPOSE the consequence, ELICIT the consequence from the student.
- With very young children, may have to suggest several acceptable options from which the child can choose.



# THE EMPOWERMENT OF CHOICE

- Situation
- Stimulus
- Impulse

People can choose their attitudes and responses to any situation, stimulus, or impulse.

Choice-response thinking encourages self-control and responsibility.



# THE IMPORTANCE OF REFLECTION

Reflection is....



- Necessary for long-term memory
- Important for self-growth
- Prompts self-evaluation
- Leads to self-correction



# QUESTIONS VALUABLE FOR CHANGING BEHAVIOR

- 
1. What do you *want*?
  2. What are you *choosing* to do?
  3. If what you are choosing is not getting you what you want, then what is your *plan*?
  4. What *steps* will you take to *implement the plan*?

Effective Questions Require a Thinking Response:

- Open-ended
  - Focus on the present or future (not the past)
  - Help people ask questions of themselves
  - Often start with “What?” or “How?”
- 

# STRATEGY FOR MANAGING IMPULSES OR EMOTIONS



**STOP**

and gasp a long deep breath

**THINK**

of your options

**GO**

with your best choice



The most effective way to promote learning is to establish a noncoercive environment where students WANT to learn and WANT to behave appropriately.

We have effectively blended several approaches – The Leader in Me, Raise Responsibility System, Time to Teach, and others – to help students learn responsibility. We're still learning, so if you have ideas to offer or have questions, please feel free to contact me.

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